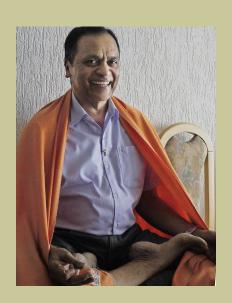
Dedicated to enriching your life through the art, science and philosophy of yoga.

September 2023 Newsletter



Workshop with Fr. Joe Pereira

September 29th, Friday: 6 PM - 9 PM September 30th, Saturday: 9 AM - 2 PM October 1st, Sunday: 9 AM - 2 PM

\$199+gst

Location: Parkdale Community Association, Calgary

Register online or call the studio 403-239-3344.

www.theyogastudiocalgary.com

CALLING ALL TEACHERS!

Brush up on your skills with yoga master Fr. Joe Pereira.

CALLING ALL STUDENTS!

Give yourself a practice you didn't think possible!

If you never had a chance to study with BKS Iyengar himself this is your closest opportunity.

Learn, grow and celebrate with Fr. Joe and his lifetime of experience.

Don't miss out! See you there!

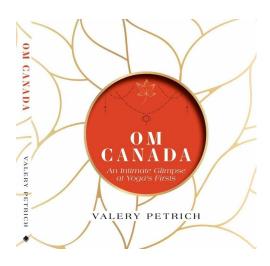








Om Canada is available to order.



"This is a phenomenal book of the history of Canadian Yoga. OM CANADA by Val Petrich had me be very nostalgic of our history. I loved the photos I would never have thought existed."

Chip Wilson

Founder of Lululemon Athletica and author of "Little Black Stretchy Pants"

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You can also order through 1yogalady@gmail.com for \$35.00 + \$15 shipping + handling fees.

"Love your calling with passion. It is the meaning of your life." —Auguste Rodin "When the flower opens, the bees will come." —Kabir



The Yoga Studio College of Canada

 $\underline{info@yogastudiocollege.com} \mid \underline{www.yogastudiocollege.com}$

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